



## **BSC Code of Conduct for Swimming Members**

### General behaviour

1. I will treat all members of, and persons associated with, Swim England and Bottisham Swimming Club (“the Club”) with due dignity and respect.
2. I will treat everyone equally and never discriminate against another person associated with Swim England or the Club on any grounds including that of age, sexual orientation, gender, faith, ethnic origin or nationality.
3. I understand that the use of inappropriate or abusive language, bullying, harassment, or physical violence will not be tolerated and could result in action being taken through the disciplinary or child welfare policies.
4. I will display a high standard of behaviour at all times.
5. I will always report any poor behaviour by others to an appropriate officer or member of staff.
6. I will recognise and celebrate the good performance and success of fellow club and team members.
7. I will respect the privacy of others, especially in the use of changing facilities.
8. I will not take photographs or record video of any swimmer, coach or person associated with the Club at a training session or in any changing room.
9. I understand that inappropriate use of social media with respect to the Club or any club members will be dealt with where necessary under the Club’s disciplinary policy.

### Training

1. I will treat my coach and fellow members with respect.
2. I will make my coach aware if I have difficulties in attending training sessions in line with the rules laid down for my squad.
3. I will make my coach aware of any illness or injury that might affect my performance in the pool (or at land training, as relevant). If the coach considers that the set cannot sufficiently be modified for me, or I am unfit to train, I will accept his or her decision.
4. I will arrive in good time on poolside before the training session starts to complete poolside warm up as directed by my coach.
5. I understand that if I arrive late, I must report to my coach before entering the pool.
6. I will ensure that I have all of my equipment with me, e.g. fins, hats, goggles, etc. I will collect a kick board and pull buoy if asked to do so by my coach.
7. If I need to leave the pool for any reason during training, I will inform my coach before doing so.
8. I will think about the example I set for other swimmers, particularly those who are younger than me.
9. I will listen to what my coach is telling me at all times and obey any instructions given.



10. I will always swim to the wall as I would do in a race, and I will practise turns as instructed.
11. I will not stop and stand in the lane, or obstruct others from completing their training.
12. I will not pull on the ropes as this may injure other members.
13. I will not skip lengths or sets – to do so means I would be cheating myself, and it may negatively affect other swimmers in my lane and squad.
14. I will think about what I am doing during training, and if I have any problems, I will discuss them with my coach at an appropriate time.
15. If I have any problems with the behaviour of fellow members, I will report them at the time to an appropriate adult.

### Competitions

1. At competitions, whether they be league fixtures, open meets, national events or club galas, I will always behave in a manner that shows respect to my coach, the officials, my team mates and the members of all competing organisations.
2. I understand that I will be required to attend events and galas that the Head Coach has entered/selected me for, unless agreed otherwise by prior arrangement with the relevant official and coach.
3. I understand that I must wear appropriate swimwear, hat and club kit (while poolside) in order to compete.
4. I will report to my coach and/or team manager on arrival on poolside.
5. I will warm up before the event as directed by the coach in charge on that day and ensure I fully prepare myself for the race.
6. I will be part of the team. This means I will stay with the team on poolside, or wherever the team is based for the gala.
7. If I have to leave poolside for any reason, I will inform, and in some cases, get the consent of the team manager/coach before doing so.
8. After my race, I will report to my coach for feedback.
9. I will support my teammates. Everyone likes to be supported and they will be supporting me in return.
10. I will swim down after the race if possible, as advised by my coach.
11. My behaviour in the swim down facility must be appropriate and respectful to other users at all times.
12. I will never leave an event until either the gala is complete or I have the explicit agreement of the coach or team manager.

**I agree to abide by the Bottisham Swimming Club Code of Conduct for Swimming Members.**

Signed

Print name

Dated