



Bottisham Swimming Club - Championships 2009

The Club Championships will be held on the 28th November and 12th December at Bottisham Village College.

Doors open at 5.45pm and the warm-up starts at 6pm. The races start at 6.30pm. Cards must be posted in the boxes before the start of the warm-up.

There will be age-group races in the following age ranges (age on 31st December, 2009): 9 and under, 11 and under, 13 and under, 15 and under, 16 and over. For distances see tables on entry form. Each age-group race costs £1.50.

There will also be open races. These are **free** for all swimmers to enter.

Please support the club and enter as many races as possible. The times allow us, and you, to track your progress.

Closing Date for entries: 15th November.

Rules

1. AGE GROUP EVENTS You can only enter events in your own age group (age on 31st December, 2009). Awards to the fastest three males and females in each age group.
2. OPEN EVENTS Any swimmer may enter these but only the fastest three swimmers will get awards. However, it is a good opportunity to get 50m times and to see how you compare with swimmers in other age groups.
3. ALL strokes and turns must be legal as defined by the ASA rules. Illegal strokes and turns will be disqualified.
4. Cards must be posted in the boxes at the pool before the start of the warm-ups.
5. Age-groups awards will also be made based upon placing in the age-groups events (3 pts for first place, 2 pts for second place, 1 pt for third place). Competing and finishing each open event also 1 pt.
6. Only fully paid-up registered Bottisham Swimming Club swimmers may compete. Those who registered at the start of the year and have since stopped attending training sessions are eligible to compete.
7. In the event of any dispute the Referee / Chairman's decision is final.
8. Entries will only be accepted from swimmers who have returned trophies from previous Club Championships

For those who have not competed in a swimming gala before, we encourage you to take part and try as many races as you feel able to do. After you have entered you will receive a card with the details of each race on it. Bring the card with you (or collect it on the day) and post it in the entry box before the start of the warm-up. This is the standard way all swimming galas work - the posting of the card indicates you are present and intend to race. There will be a warm-up before the races start. There will be plenty of older swimmers available to help the younger ones. It is a friendly and fun event. You may start from the blocks or in the water if you feel more comfortable with that.

Prizes will be awarded at the end of each gala. Certificates and over all trophies will be presented in January after the AGM.

ENRTY FORM FOR BOTTISHAM CLUB CHAMPIONSHIPS

Name:	
Male / Female (circle one)	
Date of Birth	Age on 31 st December, 2009
Signature of parent or guardian	

Gala 1 - 28th November, 2009

Age group	Stroke	Distance	Enter cost	
Open	Free	50m	Free	
9/U, 11/U	Back	50m	£1.50	
13/U, 15/U, 16+	Back	100m	£1.50	
11/U, 13/U, 15/U, 16+	IM	100m	£1.50	
9/U, 11/U	Breast	50m	£1.50	
13/U, 15/U, 16+	Breast	100m	£1.50	
			TOTAL	

Gala 2 - 12th December, 2009

Age group	Stroke	Distance	Enter cost	
Open	Back	50m	Free	
9/U	Fly	25m	£1.50	
11/U, 13/U, 15/U, 16+	Fly	50m	£1.50	
Open	Breast	50m	Free	
9/U, 11/U	Free	50m	£1.50	
13/U, 15/U, 16+	Free	100m	£1.50	
			TOTAL	

Total cost (Gala 1 & Gala 2):

Please make a note of your entries for your own records and return this form with money in an envelope and hand to one of the poolside staff. Or post to: Christof Schwiening, 34 Shelford Road, Trumpington, Cambridge, CB2 9NA

Closing date: 15th November.