

13th & 14th April 2011

At Oundle School, Oundle, Northants

COPS
CITY OF PETERBOROUGH S.C.



COPS Swimmers
£70 non-boarding
£90 boarding

Non-COPS Swimmers
£80 non-boarding
£100 boarding
(Boarding includes lunch both days, evening meal, bed & breakfast, breakfast)

TWO DAY, LONG COURSE TRAINING CAMP

Swim Camp with:

- **Fantastic 50yard pool facility**
- **Demonstrations by an International medallist**
- **Lecture by Sports Therapist David Jakeman**
- **Climbing wall session**
- **Land training**

For more information:

Email: andrewjakeman@copclub.co.uk

Tel: 07913005593

Visit: www.copclub.co.uk

COPS 2 DAY EASTER TRAINING CAMP

Name: _____ Age: _____ Gender: _____
Club: _____ 50Fr PB: _____ 100IM PB: _____
Email: _____ Tel: _____
Address: _____

BOARD? (delete as appropriate) YES/NO

Return to: 5 Trafford Park, Wisbech, Cambs, PE13 2DF. (Cheques made payable to City of Peterborough Swimming Club)